



Car Talk for Player Week #7

Today's Core Value: Playing with Perseverance – To play well in golf and to do well in other activities, players must keep going through tough breaks and their own mistakes. It is important to learn from past actions and mistakes.

Specific Behaviors Reflective of Today's Core Value: A Player shows Perseverance in his/her actions by trying his/her best regardless of how he/she is playing and by learning from his/her past actions and mistakes.

Today's Healthy Habit: Safety – Physical safety includes playing in a safe environment and playing by the rules. Players protect their body with proper equipment, warm up, cool down, and by wearing sun protection. Players follow all safety instructions and learn that safety is very important in golf and sports

Today's Golf Fundamental: Distance Control / Size or Length of Motion – A good way to control the distance that your golf ball travels is to modify the size of your stroke or swing. Small stroke/swing – small distance. Medium stroke/swing – medium distance. Large stroke/swing – Long or large distance.

Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does distance control help you play better golf?
- What is a good way to control the distance that your golf ball travels?
- Tell me something about Playing with Perseverance?
- How do you use Perseverance on the golf course? At home? At school?
- How will I know when you are Perseverance?