



Car Talk for Player Week #1

Today's Core Value: Respect

Specific Behaviors Reflective of Today's Core Value: Code of Conduct – Respect Your Self, Respect Others, Respect Your Surroundings.

Today's Healthy Habit: Safety – Players must follow all safety instructions and guidelines.

Today's Golf Skills (Putt, Chip, Pitch and/or Full-swing): Putting and Full Swing

Today's Golf Fundamental: Distance Control / Size or Length of Motion – A good way to control the distance that your golf ball travels is to modify the size of your stroke or swing. Small stroke/swing – small distance. Medium stroke/swing – medium distance. Large stroke/swing – Long or large distance.

Guiding questions for parents to ask their child:

- What was fun/challenging/interesting today at The First Tee?
- What kinds of things did you learn today? About golf? About a core value? About a healthy habit?
- How does distance control help you play better golf?
- Tell me more about Respect and the Code of Conduct.
- How do you show Respect for Your Self, Respect for Others, and Respect for Your Surroundings on the golf course?
- How do you show Respect for Your Self, Respect for Others, and Respect for Your Surroundings in school?
- How will I know when you are showing Respect at home this week?